



## HORSE SIDE VET GUIDE®

Equine Healthcare in the Palm of Your Hand

*Smartphone App For Horse Owners & Equine Professionals*

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### Equine First Aid Kit – List of Supplies

All horse owners should have an equine first aid kit. More importantly, you should know what is contained in it and know how to use all of the supplies. At least twice yearly, you should examine this kit and replenish outdated supplies.

Store your equine first aid kit in your home or temperature controlled space. Leaving it out in your trailer or un-insulated tack room will quickly degrade the supplies. Talk to your veterinarian about supplementing or customizing this kit for your horse's particular needs.

#### **FUNDAMENTALS**

- Thermometer, Digital or Mercury
- Stethoscope (good quality)
- Headlight (good quality)
- Proper fitting Halter & Lead Rope
- Latex Gloves (12)
- Watch, Clock or Timepiece with Second Hand

#### **BASIC EQUIPMENT**

- Bandage Scissors
- Suture Scissors
- Tweezers or Forceps (smooth jaws)
- Non-Sterile Gauze - 4"x4" Squares (1 package)
- Conform® or Kling® Gauze 4" (2 rolls)
- Elastic Adhesive Bandage, (Elasticon®) 3" (2 rolls)
- Cohesive Bandage (Vetrap®) 4" (2 rolls)
- Non-Adhesive Wound Dressing (Telfa® pads) 3"x4" (2) & 3"x8" (2)

- Povidone Iodine (Betadine®) Solution (4 oz)
- Antiseptic Scrub, Chlorhexidine or Povidone Iodine (Betadine®) Scrub (4 oz)
- Sugardine
- Small Plastic Containers for Mixing or Storage (2)
- Wound Lavage or Cleaning Bottle, Saline (250 ml)
- Tongue Depressors (6)
- Alcohol Wipes (10)
- Spray Bottle for Water (1)
- Paper Towels (1 roll)
- Multi-Purpose Tool, Leatherman® or Equivalent
- Cotton Lead Rope (3/4" - 1" in diameter)
- Electrolytes (paste or powder)
- Fly Repellent Ointment (1)
- Heavy Plastic Bags (2 - gallon & 2 - pint size)

## **SECONDARY EQUIPMENT**

- Cotton, Rolled Sheets, Leg Cottons (2)
- Standing Wrap & Quilt or Shipping Boots
- Easy Boot or Equivalent in Appropriate Size
- Baby Diapers (2) (size 4 to 6 depending on hoof size)
- Triple Antibiotic Ointment (1 tube)
- Extra Halter & Lead Rope
- Lariat
- Syringe 35 cc (1)
- Syringe 12cc (3)
- Syringe 3 cc (3)
- Syringe 3cc with 20gauge needle (3)
- Syringe – 60 cc cath tip (2)
- Needles – 18gauge - x 1.5" (4)
- Needles – 20 gauge - x1.5" (4)

- Eye Wash, Saline (1 bottle)
- Ophthalmic Ointment or Drops (1 bottle or tube)
- Magnesium Sulfate, Epsom Salts (1 package)
- Duct Tape (1 roll)
- Clippers with #40 Blade (good quality)
- Shoe Puller
- Crease Nail Puller
- Hoof Pick
- Hoof Knife
- Hoof File, Rasp
- Clinch Cutters
- Farrier's Driving Hammer
- Collapsible Water Bucket
- Ice Wraps
- Twitch

## **MEDICINES**

Talk to your veterinarian about dispensing a few medicines that you may use in an emergency. A veterinarian cannot legally dispense prescription items without a valid Veterinary Client Patient Relationship (VCPR). In my practice, I often dispense prescription items to my clients under the condition that they call me first to discuss the situation, before they medicate their horse. Likewise, these medicines are only of value if you understand their benefits and limitations, and you are able to competently give them to your horse – orally or im (intramuscular injection).

- Flunixin Meglumine (Banamine®) (injectable or paste)
- Phenylbutazone, Bute Paste (1)
- Trimethoprim-Sulfa Tablets SMZ-TMP in small container (75#)

*Note: All of these supplies are described in detail in MY SUPPLIES and referenced throughout in MY SKILLS within HSVG.*

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